

Respect for ourselves, others, the environment and diversity

Wisdom to make appropriate decisions and dare to be innovative

Persistence in continuing to strive for excellence in all that we do

Success in life-long learning with a global perspective

Bullies are not cool – Nice kids rule our school

RESERVOIR WEST PRIMARY SCHOOL

Carrington Road, Reservoir, 3073

Phone: (03) 9478 8211

Email: reservoir.west.ps@education.vic.gov.au

Website: www.rwps.vic.edu.au

PRINCIPAL
ASSISTANT PRINCIPALS
BUSINESS MANAGER

Bruce Kearney Barb Balliro Julia Abdel-Nour Joyce Janakievski



PARENTS & FRIENDS' ASSOCIATION

Hello School Community,

School Fun Run

Today's the big day and we couldn't have asked for better weather! There is still time to register your

child/children. https://www.schoolfunrun.com.au

Below is an abridged version of the day. Parents are welcome to come and watch from 1.00 p.m. onwards. Please come through the office in Carrington Road.

9.00 a.m. School commences

10.00 a.m. – 10.30 a.m. Recess 12.00 p.m. – 1.00 p.m. Lunch

1.00 p.m. – 2.50 p.m. All classes on the oval, year level groups running at different

times, commencing with Year 5/6

2.50 p.m. – 3.15 p.m. Selected teachers get slimed

3.15 p.m. – 3.30 p.m. Back in classrooms and ready for dismissal

Referendum BBQ

Thank you to all of those who volunteered for the Referendum BBQ last Saturday. Once again, we sold out.

Hang Around Friday

Our final Hang Around Friday has been set for Friday 17th November. Please save the date as we would love to see as many families as possible attend.

The next PFA Meeting is 9.05 am on Friday 10th November in the Staffroom. Thank you for following along and your ongoing support!

Warmest regards,

Zayna and the PFA team

STUDENTS OF THE WEEK

Certificates will be presented on Friday afternoon at 3.15 pm in the classrooms, including specialist certificates.

		NAME	VALUE
LA1	5/6L	Panagiotis Vlahoulis	Persistence
LA2	5/6M	Hamish Gray	Success
LA3	5/6P	Victoria Jiang Hernandez	Success
LA4	5/6V	Henry Gray	Respect
LA5	5/6K	Sara Cosway	Success
LA6	5/6R	Harvey Waters	Respect
LA9	Prep B	Malak Fatfat	Success
LA10	Prep M	Kody Bonadio	Persistence
LA11	Prep W	Reuben Moylan	Success
LA12	Prep H	Cian Cleary	Persistence
LA17	1C	Fox Stohr	Success
LA18	1\$	Isla Kelly-Synott	Success
LA19	1B	Darcy Irwin	Success
LA20	1M	Caoimhe McGuigan	Success
LA21	3/4K	Gus Stephenson	Success
LA22	3/4J	Eli Delaney	Success
LA23	3/4M	Oscar Giles	Persistence
LA24	3/4B	Austin Giles	Success
LA25	2C	Archer McLoughlin	Success
LA25	2C	Ajwa Ahmed	Respect
LA26	2F	Jayden Lam	Persistence
LA27	2R	Leon Hechavarria Risco	Respect
LA28	2P	Dakota Flower	Success
LA29	3/4T	Cole Cooper	Success
LA30	3/4N	Aahil Mujeeb	Respect
ART		Violet Booth	Success
DIGITECH		Marlow Spier	Success & Respect
		Alexander Grammatos	Success & Respect
LIBRARY		Isaac Deady	Respect
MUSIC		Reuben Moylan	Success
PE		Logan Rainey	Success
SPANISH		Ua Tui	Persistence, Wisdom & Success
		Oscar Miller	Wisdom & Success
PRINCIPAL		Adnan Awo	Persistence
TURBO/SUPPO	RT	Edith Noy	Wisdom & Success



Breakfast Club is on Friday.

8.15am – 8.40am in the STEAM room

Students come along for a yummy start to the day

2024 ENROLMENTS

If your child or children will not be attending Reservoir West Primary School next year, please let the school know as soon as possible. We ask that, if this is the case, you email Jo in the office and Bruce:

joanne.blom@education.vic.gov.au and bruce.kearney@education.vic.gov.au

NEXT OPEN SESSION - GRANDPARENTS

Monday, 13th November 9.00 – 10.00 a.m.

We invite all grandparents of our students to attend. This will provide an opportunity for them to see what happens at school, to get to know their grandchild's classroom teacher and they might even be asked to help with particular activities! No bookings are required – they just turn up on Monday, 13th November.

PAYMENT AND CONSENT FOR INCURSIONS/EXCURSIONS AND CAMPS

School events such as incursions/excursions, camps and sporting events are very exciting for both staff and students. They provide great opportunities for students to flourish outside of the traditional classroom setting.

However, it is crucial that correct procedures are followed in relation to parents/carers providing payment and consent for these events.

When these events are set up on Compass there is a clearly stated cut-off time for payment to be made and consent to be given.

In the past the school has bent the rules in accepting late payments. This will not happen anymore. It puts unnecessary stress on staff, especially office staff. Please do not contact teachers or the office staff to process late approvals or payments or send money to the office with your child.

Ultimately it is up to parents/carers to ensure that payments are made and consent given before the cut-off date. No exceptions are going to be made.

If you are not confident or you have forgotten your Compass password, please come to the office and staff will assist you with making the payment on Compass or reset your password. Resetting of your password can also be done by phoning the office.

Dear Parents, Carers, Students and Friends,

You may have heard a whisper that our school turns seventy years old next year. The school was officially opened on 18th November 1954. Plans are underway for a celebration to be held early next year to celebrate this milestone.

At this stage we do not have a name for the celebration and we are asking our school community to come up with one. The event will be similar to the fetes we have held in recent years and needs to include a reference to 70 years. Just email any suggestions to me.

The event will take place on Saturday 23rd March next year.

We are also asking our students to come up with a logo for the event. The logo needs to be not too detailed and reflect a carnival or fete and also include the number 70.

I have included student-created logos from recent fetes as examples.



For last year's fete, the big top, hot-air ballon and popcorn cup were incorporated into the design.

In 2020, the carousel was included in the artwork.





In 2019, this colourful big-top and flag combination was incorporated into the design.

And in 2017 the red and yellow bullhorn was the centrepiece of that poster.



Please have all finished artwork to your child's classroom teacher by Friday of next week – 27th October. Zayna and I will be selecting the piece or pieces to be used.

CONGRATULATIONS TO LAST WEEK'S STUDENTS OF THE WEEK AND GOLD TICKET WINNERS







SCHOOL STAFF SURVEY

The results of the annual Department of Education School Staff Survey were released recently. The survey is an opportunity for staff employed in Victorian government schools to provide feedback on factors of the school environment proven by research to have an effect on student outcomes. I was pretty pleased with this year's results.

The table shows the percentage of positive responses (agree, strongly agree) in the different areas. The columns show:

- Reservoir West percentage in 2023
- Reservoir West percentage in 2022
- Similar School percentage in 2023 similar size and demographics
- Network School percentage in 2023 Yarra/Darebin local government area
- State Schools percentage in 2023 all Victorian government schools

The percentages that have been coloured green are ones that are equal to or below our school's 2023 percentage.

The table shows that, of the thirty-nine factors, the school's 2023 percentage is

- higher than all but one of our 2022 scores
- higher than all but twelve of Similar Schools' average scores
- higher than all but six of the Network Schools' average scores
- higher than all but eleven of the average score of all Victorian government schools

SCHOOL CLIMATE	RWPS 2023	RWPS 2022	Similar 2023	Network 2023	State 2023
Academic emphasis	76	67	69	69	69
Collective Efficacy	92	85	84	82	83
Collective focus on Student Learning	87	82	89	81	88
Guaranteed and viable curriculum	82	71	80	73	81
Parent & community involvement	84	78	79	79	77
Shielding & buffering of staff	76	43	66	64	69
Staff trust in colleagues	90	80	83	84	83
Teacher collaboration	68	59	63	63	70
Trust in students & parents	83	65	74	77	73
SCHOOL LEADERSHIP	RWPS 2023	RWPS 2022	Similar 2023	Network 2023	State 2023
Instructional Leadership	81	75	77	69	79
TEACHING & LEARNING EVALUATION	RWPS 2023	RWPS 2022	Similar 2023	Network 2023	State 2023
Monitor Effectiveness	86	71	87	82	86
Professional Learning	90	83	81	77	82
Skills to measure impact	86	86	86	82	85
Understand how to analyse data	74	72	76	70	75
Use evidence to inform teaching	88	86	91	87	90
Use student feedback	74	61	72	69	72
Believe evaluating impact improves practice	86	77	90	87	88
TEACHING & LEARNING EVALUATION	RWPS 2023	RWPS 2022	Similar 2023	Network 2023	State 2023
Collaborate to scaffold student learning	88	81	86	81	83
Focus learning on real-life problems	67	64	77	73	78
Knowledge of High-Impact Teaching	86	83	79	74	80
Strategies Moderate assessment tasks together	93	80	87	81	84
Promote student ownership of learning goals	71	81	80	74	81
Support growth and learning of whole student	90	81	90	84	88
Understand formative assessment	83	74	83	81	82
Use High-Impact Teaching Strategies	93	83	91	84	89
Believe student engagement is the key	93	86	95	93	94

2023	2022	2023	2023	2023
83	81	89	86	89
93	89	95	86	92
90	92	89	81	89
79	67	70	62	71
93	81	88	86	87
83	75	89	84	89
RWPS 2023	RWPS 2022	Similar 2023	Network 2023	State 2023
90	72	83	75	79
93	83	91	90	91
83	58	71	66	71
90	81	92	88	91
93	81	88	82	87
90	74	87	78	86
71	69	78	73	77
	2023 83 93 90 79 93 83 RWPS 2023 90 93 83 90 93	2023 2022 83 81 93 89 90 92 79 67 93 81 83 75 RWPS 2023 90 72 93 83 83 58 90 81 93 81 90 74	2023 2022 2023 83 81 89 93 89 95 90 92 89 79 67 70 93 81 88 83 75 89 RWPS Similar 2023 90 72 83 93 83 91 83 58 71 90 81 92 93 81 88 90 74 87	2023 2022 2023 2023 83 81 89 86 93 89 95 86 90 92 89 81 79 67 70 62 93 81 88 86 83 75 89 84 RWPS Similar Network 2023 2022 2023 75 93 83 91 90 83 58 71 66 90 81 92 88 93 81 88 82 90 74 87 78

RWPS RWPS

Similar Network State

We recognise that there are still a few areas that require attention and we are working towards these but, overall, it's a very strong result. There were some other optional modules of the survey which I chose not to include this year, requesting the staff to only complete the compulsory core modules. In future years, in consultation with the staff, these optional modules may be introduced.

FRIDAY AFTERNOONS

Below is an outline of the organisation for Friday afternoons when there is no Assembly.

- 3.10 p.m. Good behaviour draw to take place in classrooms if it is that area's turn
- 3.15 p.m. Five Minutes of Fame parents of recipients invited to attend classrooms
- 3.25 p.m. All certificate winners to the stage for photo for Newsletter
- 3.25 p.m. All Good behaviour winners to stage for photo for Newsletter
- 3.30 p.m. Dismissal

TEACHING & LEARNING PLANNING

When Friday assemblies do take place (which is this week), the organisation is:

- 5MoF takes place in the classrooms at 2.50 pm
- Good Behaviour is drawn at Assembly
- Teachers bring the students' SOTW certificates to Assembly and give them to the students at the end of Assembly
- Certificate winners and Good Behaviour winners remain afterwards for a photo
- 3.30 pm dismissal

I have included below the current schedule for Friday afternoons. It will change as teams plan activities for that hour and I am confident that there will be at least one opportunity provided by each year level for parents to be involved.

	Date	Activities
3	Friday 20th Oct	3.00 p.m. Assembly
4	Friday 27th Oct	2.30 p.m. Normal Class Session
5	Friday 3rd Nov	2.30 p.m. Normal Class Session
6	Friday 10th Nov	2.30 p.m. Whole School Cross-Age Session
7	Friday 17th Nov	3.00 p.m. Assembly
		3.30 p.m. Hang Around Friday
8	Friday 24 th Nov	Pupil Free Day
9	Friday 1st Dec	2.30 p.m. Whole School Cross-Age Session
10	Friday 8 th Dec	5.00 p.m. Year 6 Graduation
11	Friday 15 th Dec	2.30 p.m. Normal Class Session
12	Wednesday 20th Dec	1.00 p.m. Assembly

SCHOOL REVIEW

Tomorrow is the first day of our school review process. The School Review Panel will be spending the day at the school. The panel includes the following members:

- The Reviewer, Robert Miller, a former Principal who has been employed by the Department of Education
- Graham Stevenson, the Senior Education Improvement Leader, Yarra/Darebin Schools
- Two experienced current Principals
 - o Jenny Deeble from Wales Street Primary School, Northcote
 - o Mark Kent from Ivanhoe Primary School
- Adam Wilkie, our School Council President
- Barb Balliro, Assistant Principal
- Julia Abdel-Nour, Acting Assistant Principal
- Me ²²

The agenda for Thursday is as follows:

TIME	ACTIVITY	LEAD	ATTENDEES
8.15am	Welcome Panel	Principal	Review Panel
8.30	Meet Staff – introduce Panel, detail Review process		
8.40	Roles and purpose of review Roles and responsibilities of panel members Outline the purpose of the review and review process New review report expectations	Reviewer	Review Panel
	Preparing for classroom observations	Principal & Reviewer	Review Panel
9.10	10 Classroom observations (sessions TBD) • Panel members to observe in pairs. Each pair to observe 3 classes for 20 mins each.		
10.10	Report back	Reviewer	Review Panel

10.40	Morning tea		
11.00	Performance against School Strategic Plan (2019 - 22) Performance against goals and targets (SSP) Enablers & barriers to success Key achievements; Key challenges	Reviewer	Review Panel (additional Leadership staff as required)
11.45	Other priority cohorts	Principal	
12.15pm	Professional Learning Communities Implementation status of the Victorian PLC initiative Enablers and barriers to PLC implementation fidelity Impact on teacher practice and student learning growth	Reviewer	
12.45	School Highlights; Other initiatives. • As per Pre review self-evaluation report (PRSE).	Reviewer	
1.00pm	Lunch	·	
1.30	Validation of proficiency status against FISO 2 Continua Determine if any additional fieldwork days required.	Reviewer	Review Panel – additional staff as required)
2.30	Terms of Reference for the review	Reviewer	Review Panel
4.00	Close	Principal	

Following up on Thursday of next week is the Fieldwork Day. Our Final Panel Day is Wednesday 8th November, during which the School Strategic Plan for the next four years will be developed.

As part of the four-yearly review process, schools must show that they are compliant with all government and statutory legal requirements including mandated policies and procedures to meet the minimum standards for school registration. I must sincerely thank Jen Barnes, Julia Abdel-Nour and Barb Balliro for the amount of time and effort they put into achieving our compliance. Jen completed most of the work before she went off on family leave last term.

Our compliance officer from the DoE sent the following email:

Dear Julia, Bruce, Barbara, and Jen,

Thank you once again all of you for attending to this work diligently.

I have looked at all the evidence that you submitted <code>@Julia</code>, and I was so happy to see that you have not only ticked the required action items but also gone the extra mile to incorporate the recommended action items. It really shows how much you are willing to take actions that enhances the safety and wellbeing of children. It was really a pleasure working with all of you and honestly, one of the most compliant schools, I have worked with so far.

I will also send a formal report to all of you shortly. Have a great term ahead.

It's good to know that all of the hard work was recognised.

NAPLAN SURVEY

As you may know, NAPLAN moved from May to March this year, and changes were made to reporting in order to provide simpler, clearer, and more meaningful results.

The Australian Curriculum Assessment and Reporting Authority (ACARA) is keen to hear from principals and teachers, as well as parents and carers, on these changes. Feedback is currently being captured via a survey, which will be open until early December 2023.

You can access a link to the survey here: https://www.surveymonkey.com/r/NRTZCHN.

Regards,





PREP B - 80s day



YEARS 3-6 2024 CHROMEBOOK ORDERING



The portal for purchasing Chromebooks is now open.

Visit the Edunet Parent Portal at: https://reservoirwestps.technologyportal.com.au

Please note the following cut off dates:

- To receive order prior to Christmas, order must be placed and paid for by *15th November 2023.
- To receive order for Week 1 Term 1, order must be placed and paid for by *3rd January 2024.
- All orders will be sent to the school and then distributed to families
- * Cut off dates are only for devices listed on the portal as 'in stock'. If a device is out-of-stock we can't promise a Christmas or Week 1, Term 1 delivery.

In addition, some Year 3 families have asked if their current iPads are able to be used from Years 4-6. Unfortunately, this is not an option at RWPS. Chromebooks are exclusively used from Years 3-6. If you have any further questions, please don't hesitate to email:

Kelly (Digital Technologies Co-Ordinator) Bruce (Principal) Edunet (Supplier) <u>Kelly.Mitchell2@education.vic.gov.au</u> <u>Bruce.Kearney@education.vic.gov.au</u> <u>portal@edunet.com.au</u>

Kelly Mitchell

Digital Technologies Co-ordinator

REMINDER - SAFETY IS KEY! RWPS CARPARK AREAS



It has come to my attention that our school community members are continuing to utilise the staff carparking areas as a walkway. As mentioned in previous newsletters, this is strongly prohibited, as it poses huge safety issues. Please remember that both carpark areas are visible from many rooms, resulting in staff witnessing these actions throughout various times across the day. Due to this being a continuous occurrence, the school is looking at potentially having additional signage as a visual reminder. I understand that walking through may serve as a shortcut, however I ask that we continue to model good behaviour to our younger generation, our children/students.

PRIVATE
CAR PARK
NO UNAUTHORISED
PARKING

Furthermore, we currently have these 'Private Car Park' signs in place, to remind visitors that the carparks at RWPS are private.

I kindly ask that families use parking spaces outside of the school carparks, as these spaces are designated to staff only. This includes before, during and after school hours. I understand that at times there may be some spaces available and that you may be doing a quick drop off or pick up, however, the reasons for these available spots vary day-to-day and should always be left available to our staff.

Mrs Julia Nour

Acting Assistant Principal

Nelson Alexander

More Than Real Estate

Proudly Supporting Our Local Community.

Reservoir 03 9469 1000

nelsonalexander.com.au

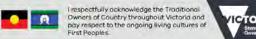




PRIVATE LITERACY AND MATHS TUITION

cllc.com.au cllc.cristal@gmail.com 0434 352 309

From the Wellbeing Team









KANE

STUDENT WELLBEING, ENGAGEMENT, INCLUSIVITY AND CHILDSAFE LEADER

<u>Kane.Richardson@education.vic.gov.au</u>

0400272992

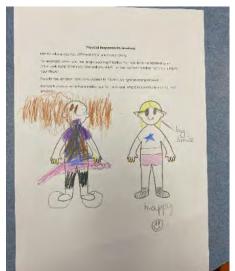
EMMA: Tuesday, Thursday and Friday (Friday fortnightly)
PSYCHOLOGIST

Emma.menkinoska@education.vic.gov.au (03) 9478 8211

WELLBEING SPECIAL EVENT – Beyond Blue Fundraiser

Last week on Friday, 13th October, the school participated in a Wellbeing Event organised by our Year 6 Wellbeing Leaders. Livian and Viola will share our successful day at our next assembly. Students rocked up in fantastic 80s dress-ups and participated in emotional literacy sessions with their peers about physical responses to emotions and managing and moderating emotions.

We thank you all for your donations and participation. Check out the groovy photos!









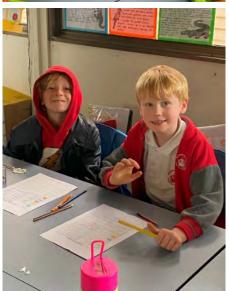


























Talking the Talk-Sexuality Education

On Monday, Vanessa Hamilton from Talking the Talk presented an informative session to staff and parents.

Vanessa has spent many years educating teachers to deliver Sexuality Education to the students, which is part of the Victorian curriculum under the Health and Physical Education learning areas. Teachers deliver the content with Vanessa through a Virtual Classroom alongside Respectful Relationships, Safety and Consent. Please refer to the school's

<u>Relationship and Sexuality Education document</u> detailing our school's commitment to inclusive, protective, accurate and age-appropriate education for all children.

As an educator and also a parent to two young children, I have found Sexuality Education plays a vital role in the sexual health and well-being of young people; with outcomes including the development of healthy relationships, prevention of child sex abuse, improved social/emotional learning, and increased media literacy.

The Virtual Classroom parent presentation is complete.

Within the week, TTT admin team will send an email to those parents who booked to attend. You will receive your school's unique sign-up link to the parent platform as well as links to Vanessa's website resources.

Whole school access to Virtual Classroom Parent Platform:

Subscription #2 new parent sign up access to log in to VC	https://www.talkingthetalksexed.com.au/offers/LL8TN22e?coupon_code=RESEPAR234
Subscription #2 new staff sign up access to log in to VC	https://www.talkingthetalksexed.com.au/offers/2KtgBvFF?coupon code=RESE234
Previous sign ups continue usual access via website log in	https://www.talkingthetalksexed.com.au/login

If you missed the newsletter last week, here is a full list of books and resources recommendations list compiled by Vanessa, please follow this link:

- 1. Conception, Pregnancy & Birth
- 2. Puberty
- 3. Diversity
- 4. Changing Bodies, Growing Up, Human Sexuality
- 5. Protective Behaviours & Body Safety
- 6. Consent
- 7. Pornography Prepare and Protect
- 8. For The Adults

Lastly, use this <u>link</u> for script ideas to adapt to your style of parenting to answer those tricky questions.

Digital Intelligence

Cyber Safety and Bullying - Family Resources

Parents and carers play an important role in helping children to develop digital intelligence — the social, emotional and practical skills needed to successfully navigate the digital world. Even for preschool children, it is never too early to instil good habits, and as your child gets older it is useful to keep reminding them of these basic digital intelligence principles: respect, empathy, critical thinking, responsible behaviour and resilience. These are also principles you can emphasise with your child when things go wrong. To learn more about these digital intelligence principals visit the escafety website. escafety is Australia's independent regulator for online safety. Their purpose is to help safeguard all Australians from online harms and to promote safer, more positive online experiences.



Their website includes guidance for:

- Kids: fun activities and simple advice
- Young people: help and advice for teenagers and young adults
- <u>Parents and carers:</u> tips to help their children safely navigate the online world

The information and resources provided on the eSafety website cover topics such as managing screen time and setting age-appropriate boundaries, family tech agreements, hard-to-have conversations, online gaming and cyberbullying. We have included '5 tips to keep your family safe online' in this week's newsletter.

UPCOMING EVENTS & RESOURCES FOR PARENTS MENTAL HEALTH / WELLBEING HUB CALENDAR 2023

Event Date	Event
20 th October	Peer Mediation Training 2024 – Year 5 (opt in)
15th - 21st October	National Carer's Week
12 th -18 th November	Perinatal Anxiety & Depression Awareness Week
19th November	International Men's Day
3 rd December	International Day of Persons with Disabilities
10 th December	<u>Human Rights Day</u>
8 th and 15 th December	Student Support Group Meeting – Program for Students with Disabilities

For help translating the information above, please follow the link: Google Translate

5 tips to keep your family safe online



Parents and carers can use a combination of strategies to help young people build their digital technology skills and have safer experiences online.

1. Start the chat

Get into the habit of talking about online safety as a family, so your child feels comfortable coming to you if they ever need help working out an issue. It's never too early to introduce good online habits such as respect, empathy, critical thinking, responsible behaviour and resilience. As your child grows older, eSafety's advice about hard to have conversations will help with some of the tricky topics like sending nudes, online pornography and contact from sexual predators.

2. Create a family technology agreement

Creating a Family Technology Agreement can help you and your kids decide together when and how digital technology will be used at home. As a family, brainstorm easy-to-follow rules and display them where everyone will see them. Your agreement could cover things like: time limits, apps your kids are allowed to use and online behaviour. Families with younger children can download a template to guide the conversation.

3. Set up parental controls

Parental controls let you monitor and limit what your child sees and does online. It's best to use them in combination with the other online safety strategies listed here. Taming the technology can help you understand your options. Grab a device and get started with our guides to setting up parental controls on devices and accounts or in social media, games and apps.

4. Choose games and other apps carefully

Use eSafety's App checklist for parents to think about the positives and negatives when your child asks to download a new game or other app. The checklist covers things like age ratings, managing privacy settings and reporting abuse in-app. You can also use The eSafety guide to check and set up safety features with your child.

5. Use digital technology together

Exploring or playing on devices or online with your child can be a positive experience that promotes learning and development. Ask questions, be curious and get involved. To learn more, read our blogpost How to encourage good screen practices for your child.

YEAR 3/4 INQUIRY INCURSION

This term, the Year 3/4s are exploring Dance, Drama and Media, as part of their Performance unit for Inquiry. On Tuesday, the students participated in a fun and exciting dance incursion that explored a variety of dance movements and applied this learning through a choreographed dance. Students also had the opportunity to get creative and have a go at choreographing their very own dance!









Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Criffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to femilies.

- A Shorough assessment of your child's arciety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of homebased treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments.

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage enxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or small support for parents in assisting their child to better manage ansiety.

Prior studies have shown that children who complete each treatment expenience significent reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety dispresers.

For more information about our study and our team, or ifyou would like your child to participate, please contact us:







Australian Government National Health and



Gui Red No. 2019/146

CALENDAR

T-D14 4	
TERM 4 OCTOBER	
Wednesday 18 th	 PFA Fun Run School Council Tonia Kingston absent – no replacement Soccer Clinic – 3.30 p.m 4.30 p.m.
Thursday 19 th	 School Review – Validation day Danica Vun attending Career Start PD with Julia Abdel-Nour Danielle Palermo taking leave, returning Wednesday 25th October – Robin Galea in LA28
Friday 20 th	Year 5 Peer Mediation trainingAssembly – Choirs performing
Monday 23 rd	 Melinda Vangelista taking leave, returning Monday 13th November – Helen Angelopoulos in LA4
Tuesday 24 th	Year 1 Scienceworks Excursion
Wednesday 25 th	 John Fleming visit 2024 Foundation Playground Experience 4.00 p.m. – 4.45 p.m. Soccer Clinic – 3.30 p.m 4.30 p.m.
Thursday 26 th	School Review Fieldwork Day
Friday 27 th	World Teachers' Day
Friday 27 th Monday 30 th	World Teachers' DayZiya Burke absent – Alex van Nugteren in LA9
•	·
Monday 30 th	·
Monday 30 th NOVEMBER	 Ziya Burke absent – Alex van Nugteren in LA9 Bruce absent Ally Papoulis taking leave, returning Wednesday 8th November – Robin Galea in LA23
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Monday 13 th	 Bruce, Barb, Helena and Sophie visiting John Fleming schools in Newcastle – returning Thursday Grandparents' Open Session 9.00 – 10.00 a.m. Year 5/6 Boy Hooptime Regional Finals
Wednesday 15 th	• Soccer Clinic – 3.30 p.m. – 4.30 p.m.
Friday 17 th	 PFA Out-of-Uniform Day 3.00 p.m. Assembly Hang Around School Friday
Sunday 19 th	Reservoir West Primary Social Golf Day
Wednesday 22 nd	 School Council Soccer Clinic – 3.30 p.m. – 4.30 p.m.
Friday 24 th	Pupil-Free Day
Wednesday 29 th	 Soccer Clinic – 3.30 p.m. – 4.30 p.m. 2024 Foundation Parent Information Session – 6.00 p.m. online
DECEMBER	
Friday 1 st	 Beck and Kane Richardson taking leave, returning Tuesday 5th December Cross-Age Session Guitar Performances 6.00 pm in Gym
Monday 4 th	 Common Professional Practice Day – students do not attend school. Teachers planning in 2024 teams Sam Nicholson taking leave – Helen Angelopoulos replacing him until end of year
Wednesday 6 th	School Council
Friday 8 th	 PFA Meeting 9.00 am Term 4 Student Support Group meetings Specialist and Support programs conclude Year 6 Graduation
Monday 11 th	Year 5 Jumpside excursion
Tuesday 12 th	 Year 6/7 transition day Reservoir West Transition Day – 2023 classes announced Specialist PSTC by request 3.45 p.m. – 6.00 p.m.
Wednesday 13 th	Classroom PSTC by request before and after schoolYear 6 Hey Caddy excursion
Friday 15 th	Student Support Group meetingsSemester and Progress Reports released on Compass
Wednesday 20 th	 Last Day Term 4 1.00 p.m. Assembly

• 1.30 p.m. dismissal

TERM 1 JANUARY	
Wednesday 31st	Years 1-6 commence
FEBRUARY	
Thursday 1st	 Foundation students commence
MARCH	
Saturday 23 rd	 1954 - 2024: 70 Years Celebration

FUN-RUN SETUP

