



# New evidence-based guidelines for parents of young people with school attendance difficulties



A new set of evidence-based guidelines for parents of primary and secondary school students struggling to attend school due to anxiety, depression or emotional distress has been developed by researchers at Monash University and Deakin University.

## Help Us Improve

1. Complete a short survey (approx. 3-5 mins) before downloading the guidelines.

2. Download the guidelines, 'Responding to School Reluctance or Refusal: Strategies for Parents'.

3. Complete a survey (approx. 5-10 mins) one month after downloading the guidelines.

## What is involved?

The study involves two short, anonymous online surveys.

You will be asked to answer questions about parenting, your child's attendance and schooling, and general feedback for the guidelines

You are eligible to participate if:

- You are 18 years or older
- Can read and write English
- Have access to the Internet



## Find out more:

Please follow the QR code or visit the link to access the guidelines or complete the survey:

<https://www.parentingstrategies.net>

