

Reservoir West Primary School Wellbeing Learning Scope and Sequence Overview

		Foundation - 4						Year 5/6
		Resilience, Rights and Respectful Relationships / Talking the Talk						Resilience, Rights and Respectful Relationships / Talking the Talk
		Foundation	1	2	3	4		5/6
SEL areas of competence	Area of Focus	Complete Learning to Learn Lessons: Setting up School / Class Expectations Connections - Getting to know ourselves and each other Set up Positive and Effective Learning Environments using Classroom / Environmental Support strategies Behaviour Support continuum Reflective Practices Inclusive Practices						Complete Learning to Learn Lessons: Setting up School / Class Expectations Connections - Getting to know ourselves and each other Set up Positive and Effective Learning Environments using Classroom / Environmental Support strategies Reflective Practices / Inclusive Practices
Self-awareness Self-management Social-awareness Relationship skills Responsible decision-making	Emotional Learning	Topic 1: Emotional Literacy	Topic 1: Emotional Literacy	Topic 2: Personal Strengths	Topic 1: Emotional Literacy	Topic 2: Personal Strengths	Even Year	Topic 1: Emotional Literacy
	Personal Learning	Topic 2: Personal Strengths					Odd Year	Topic 2: Personal Strengths
	Resilience	Topic 5: Stress Management	Topic 5: Stress Management	Topic 6: Help Seeking	Topic 5: Stress Management	Topic 6: Help Seeking	Even Year	Topic 5: Stress Management
	Emotional Learning	Topic 3: Positive Coping					Odd Year	Topic 6: Help Seeking
	Body Safety Education	Talking the Talk	Talking the Talk	Talking the Talk	Talking the Talk	Talking the Talk	Even Year	Talking the Talk Topic 7: Gender & Identity
	Social Learning	Topic 6: Help Seeking Topic 7: Gender & Identity	Topic 7: Gender & Identity	Topic 8: Positive Gender Relations	Topic 7: Gender & Identity	Topic 8: Positive Gender Relations	Odd Year	Talking the Talk Topic 8: Positive Gender Relations
	Social Learning	Topic 8: Positive Gender Relations	Topic 3: Positive Coping	Topic 4: Problem Solving	Topic 3: Positive Coping	Topic 4: Problem Solving	Even Year	Topic 3: Positive Coping
	Emotional Learning	Topic 4: Problem Solving					Odd Year	Topic 4: Problem Solving
	Resilience							